

Declutter and Simplify Your Life

No doubt about it – it is hard to let go of stuff. But it's time to stop making excuses and finally clear out the clutter in your home. You'll feel lighter, better and happier. Plus you'll make your living space more ... well, livable. So. Which question or questions will be most helpful with your letting-go journey?

- 1 Do I love it?
- 2 Do I need and/or use it?
- 3 Does it fit? (me or my living space)
- 4 Will a picture of it meet my need for it?
- 5 Am I saving it *just in case*?
- 6 Do I have a similar thing that serves the same purpose?
- 7 Do I have a realistic plan to use it?
- 8 Can I manage without it?
- 9 Are the time and storage costs worth it?
- 10 Is it worth the real estate, energy and maintenance?
- 11 Could someone else use it?
- 12 Am I keeping it because of guilt?
- 13 Am I keeping it because it cost a lot of money?
- 14 If I were shopping right now, would I buy it?
- 15 How many is enough?