

50 Things You Can Get Rid Of Now

Want to create an uncluttered life? It starts with building your letting-go muscle. Start with the easy and the obvious and once you experience the thrill of letting go of this easy stuff, you can move onto the bigger and more challenging stuff.

- 1 Old magazines
- 3 Mystery cords and adaptors
- 4 Games with missing pieces
- 5 Puzzles with missing pieces
- 6 Outdated makeup
- 7 Half empty bottles
- 8 Old nail polish
- 9 Socks without a partner
- 10 Clothes that don't fit
- 11 Earrings without a partner
- 12 Worn out shoes and purses
- 13 Expired food
- 14 Take out menus
- 15 Restaurant sauce packets
- 16 Old cleaning supplies
- 17 Excess plastic ware
- 18 Expired medication
- 19 Old manuals
- 20 Birthday cards
- 21 Broken kitchen appliances
- 22 Pens you never use
- 23 Socks with holes
- 24 Dead or dying house plants
- 25 Anything you no longer like
- 26 Half burnt candles
- 27 Books you won't read again
- 28 Old bedding
- 29 Half-done craft projects
- 30 Old phones and their chargers
- 31 Unused kitchen gadgets
- 32 Old computers
- 33 Notes from past work/school
- 34 Excess bags
- 35 Excess mugs
- 36 Excess beverage glasses
- 37 Freezer items past their best before
- 38 Packaging & boxes from electronics
- 39 VHS tapes and cassettes
- 40 Busted eyeglasses
- 41 Fabric and yarn scraps
- 42 Hair products you no longer use
- 43 Chipped mugs
- 44 Worn/ripped towels
- 45 Anything that's a duplicate
- 46 Old pillows and cushions
- 47 Jewelry with a broken clasp
- 48 Outdated electronics
- 49 Junk mail/old paperwork
- 50 That thing ... you know the thing ... it just bugs you that you still have it